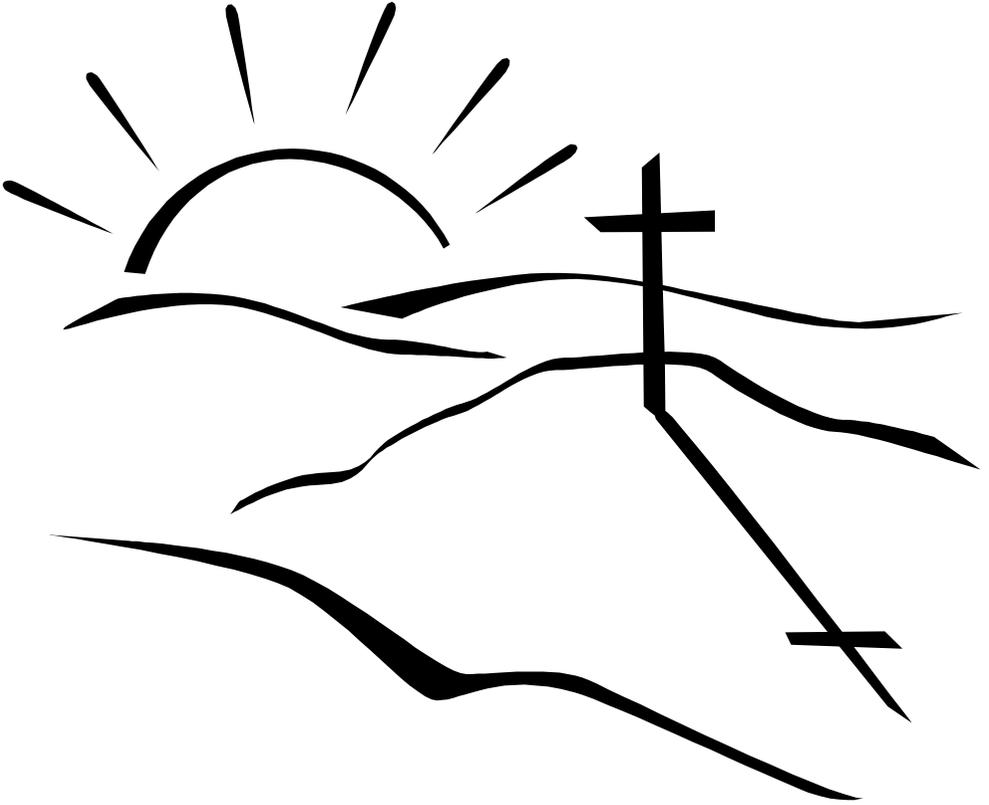


Morning Prayer, Evening Prayer, Night Prayer
Plus resources for praying in at home



***From the rising of the sun to its setting,
praised be the name of the Lord.***

Dear Friends

We face unprecedented times. It's a time of uncertainty and worry, but it's also a time for us to pull together. On 17th March the Archbishops of Canterbury and York announced the suspension of all public worship until further notice. That means we can't meet in church for our usual services on Sundays or mid-week, and all other meetings, activities and groups in church are also cancelled until further notice.

The current challenges demand we take the opportunity to 're-imagine' what it is to 'be' and 'do' church when we can't 'go to church' in the same ways. Even though we are not together in body, we can be together in Spirit!

Enclosed is a Morning Prayer, Evening Prayer and Night Prayer for us all to say at home. If you have other people in your household you can say it together, which is why there are bold responses in the services. If you live on your own, just say all the responses yourself. There are also readings and psalms which you can read each day in the morning at the evening, (you will need a bible) and a Sunday Collect which should be said every day that week. This booklet will take us through Holy Week. Please remember, you may be saying these prayers on your own, or with others, but we join our prayers together with all those which happens all around the world each day.

With love and prayers,
Fr Henry, Fr Martin and Fr Steve

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If you are lonely whilst self-isolating

The Silver Line is a helpline and friendship service for people aged 55 and over.

You can call Silverline on 0800 4 70 80 90 to arrange for a phone call from a friendly volunteer who will be there to listen.

Morning Prayer in Lent

O Lord, open our lips
And our mouth shall proclaim your praise.

Hear our voice, O Lord, according to your faithful love,
according to your judgement give us life.

Blessed are you, God of compassion and mercy,
to you be praise and glory for ever.
In the darkness of our sin,
your light breaks forth like the dawn
and your healing springs up for deliverance.
As we rejoice in the gift of your saving help,
sustain us with your bountiful Spirit
and open our lips to sing your praise.
Blessed be God, Father, Son and Holy Spirit.
Blessed be God for ever.

The Opening Canticle

Have mercy on me, O God, in your great goodness; •
according to the abundance of your compassion
blot out my offences.

**Wash me thoroughly from my wickedness •
and cleanse me from my sin.**

For I acknowledge my faults •
and my sin is ever before me.

**Against you only have I sinned •
and done what is evil in your sight,**

So that you are justified in your sentence •
and righteous in your judgement.

**Cast me not away from your presence •
and take not your holy spirit from me.**

Give me again the joy of your salvation •
and sustain me with your gracious spirit;

**Then shall I teach your ways to the wicked •
and sinners shall return to you.**

Deliver me from my guilt, O God,
the God of my salvation, •
and my tongue shall sing of your righteousness.

Psalm 51.1-5, 12-15

**Glory be to the Father, and to the Son
And to the Holy Spirit
As it was in the beginning, is now,
And shall be for ever. Amen.**

Opening Prayer

The night has passed and the day lies open before us;
Let us pray with one heart and one mind:

(Silence may be kept)

As we rejoice in the gift of this new day,
So may the light of your presence, O God,
Set our hearts on fire with love for you;
Now and forever. **Amen**

The Word of God

The Psalm

The psalm for each day can be found on pages 21-23

Each psalm, or group of psalms, ends with:

**Glory be to the Father, and to the Son
And to the Holy Spirit**

**As it was in the beginning is now
As it was in the beginning, is now,
And shall be for ever. Amen.**

Old and New Testament Readings

The reading for each day can be found on pages 21-23

A Responary

To you, O Lord, I lift up my soul;
O my God, in you I trust.

You are the God of my salvation,
To you, O Lord, I lift up my soul.

In you I hope all the day long.
O my God, in you I trust.

Remember, Lord, your compassion and love,
for they are from everlasting.

**To you, O Lord, I lift up my soul;
O my God, in you I trust.**

from Psalm 25

The Gospel canticle: The Benedictus

Luke 1.68-79

**Blessed are those who hunger and thirst for righteousness,
for they shall be satisfied.**

Blessed be the Lord, the God of Israel,*
For he has come to his people and set them free.

**He has raised up for us a mighty Saviour,*
Born of the house of his servant, David.**

Through his holy prophets he promised of old,*
That he will save us from our enemies,
from the hands of all that hate us,

**He promised to show mercy to our forebears*
And to remember his holy covenant.**

This was the oath he swore to our father Abraham,*
To set us free from the hands of our enemies,

**Free to worship him without fear,*
Holy and righteous in his sight, all the days of our life.**

You, my child, shall be called the prophet of the most high,*
For you will go before the Lord to prepare his way,

**To give his people knowledge of his salvation,*
By the forgiveness of all their sins.**

In the tender compassion of our God,*
The dawn from on high shall break upon us.

**To shine on those who dwell in darkness and the shadow of
death,*
And to guide our feet into the way of peace.**

**Glory be to the Father, and to the Son
And to the Holy Spirit
As it was in the beginning is now
And ever shall be
World without end. Amen.**

**Blessed are those who hunger and thirst for righteousness,
for they shall be satisfied.**

The Prayers

Intercessions and thanksgiving may be offered here during a period of silence. Here's a few suggestions to get you started.

- *Prayer for yourself in your isolation, that God would sit with you*
- *Prayer for others in their loneliness and uncertainty*
- *Prayer for all who are ill or anxious*
- *Prayer for the medical staff and emergency services*
- *Pray for our country, for its government and all who work to keep us safe*
- *Pray for the world*
- *Prayer for the Worldwide Church, for our dioses of Derby,, deanery of Hardwick and local churches in Bolsover*

The Collect of the day

See pages 21-23

The Collect for Lent

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

The Lord's Prayer

Lord Jesus, remember us in your kingdom and teach us to pray;
Our Father, who art in heaven,
Hallowed be thy name;
Thy kingdom come; thy will be done;
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
As we forgive those who trespass against us.
And lead us not into temptation;
But deliver us from evil.
For thine is the kingdom,
The power, and the glory,
Forever and ever. Amen.

The Conclusion

May God our Redeemer show us compassion and love.
Amen.

Let us bless the Lord.
Thanks be to God.

Evening Prayer in Lent

✠ In the name of the Father, and of the Son and of the Holy Spirit
Amen

Preparation

O God, make speed to save us.
O Lord, make haste to help us.

Hear our voice, O Lord, according to your faithful love,
according to your judgement give us life.

Blessed are you, Lord God of our salvation,
to you be glory and praise for ever.
In the darkness of our sin you have shone in our hearts
to give the light of the knowledge of the glory of God
in the face of Jesus Christ.
Open our eyes to acknowledge your presence,
that freed from the misery of sin and shame
we may grow into your likeness from glory to glory.
Blessed be God, Father, Son and Holy Spirit.
Blessed be God for ever.

The Opening Prayer

That this evening may be holy, good and peaceful,
let us pray with one heart and mind.

Silence is kept.

As our evening prayer rises before you, O God,
so may your mercy come down upon us
to cleanse our hearts
and set us free to sing your praise
now and for ever. **Amen.**

The Word of God

The Psalm

The psalm for each day can be found on pages 21-23

Old and New Testament Readings

The readings for each day can be found on pages 21-23

The Responsory

Forsake me not, O Lord;
be not far from me, O my God.
**Forsake me not, O Lord;
be not far from me, O my God.**

Make haste to help me,
O Lord of my salvation.
Be not far from me, O my God.

Glory to the Father and to the Son
and to the Holy Spirit.
**Forsake me not, O Lord;
be not far from me, O my God.**

from Psalm 38

The Gospel Canticle, The Magnificat (Luke 1:46-55)

**Those who gave up their lives for Christ and followed in the Way
rejoice with God now and for ever.**

My soul proclaims the greatness of the Lord;*
My spirit rejoices in God my saviour.

**For he has looked with favour on his lowly servant;*
From this day all generations will call me blessed.**

The almighty has done great things for me,*
And holy is his name.

**He has mercy on those who fear him*
In every generation.**

He has shown the strength of his arm;*
He has scattered the proud in their conceit.

**He has cast down the mighty from their thrones*
And has lifted up the lowly.**

He has filled the hungry with good things*
And the rich he has sent empty away.

**He has come to the help of his servant, Israel,*
For he has remembered his promise of mercy.**

The promise he made to our forebears,*
To Abraham and his children for ever.

**Glory be to the Father, and to the Son
And to the Holy Spirit**

**As it was in the beginning is now
And ever shall be
World without end. Amen.**

**Those who gave up their lives for Christ and followed in the Way
rejoice with God now and for ever.**

Prayers

Prayers can be offered during a period of silence or see page 8. At the end

Merciful Father

**All Accept these prayers for the sake of your Son,
our Saviour, Jesus Christ. Amen**

The Collect of the day

The Collect for each week can be found on pages 21-23

The Lord's Prayer

Trusting in the compassion of God,
let us pray with confidence as our Saviour has taught us

All **Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

The Conclusion

May God our Redeemer show us compassion and love.

All **Amen.**

Let us bless the Lord.

All **Thanks be to God.**

An order for the office of Compline (Night Prayer)

The office of Compline (Night prayer) comes from an ancient practice of daily prayers by Christian monastic communities. It is a good way to end the day in quiet contemplation and reflection upon the past day before commending oneself to God and a peaceful night's sleep. The office should be said before going to bed in a quiet and calm way; a candle may be lit and you might like to sing a simple hymn.

The Lord almighty grant us a quiet night and a perfect end.
Amen.

Our help is in the name of the Lord
who made heaven and earth.

A period of silence for reflection on the past day may follow.

The Opening Prayer

**Most merciful God,
we confess to you,
before the whole company of heaven and one another,
that we have sinned in thought, word and deed
and in what we have failed to do.
Forgive us our sins,
heal us by your Spirit
and raise us to new life in Christ. Amen.**

The following or another suitable hymn may be said or sung.

**Before the ending of the day,
Creator of the world, we pray
That you, with steadfast love, would keep
Your watch around us while we sleep.**

**From evil dreams defend our sight,
From fears and terrors of the night;
Tread underfoot our deadly foe
That we no sinful thought may know.**

**O Father, that we ask be done
Through Jesus Christ, your only Son;
And Holy Spirit, by whose breath
Our souls are raised to life from death.**

The Psalm

Psalm 134

1. Come, bless the Lord, all you servants of the Lord, •
you that by night stand in the house of the Lord.
2. **Lift up your hands towards the sanctuary •
and bless the Lord.**
3. The Lord who made heaven and earth •
give you blessing out of Zion.

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

The Reading

The servants of the Lamb shall see the face of God, whose name will be on their foreheads. There will be no more night: they will not need the light of a lamp or the light of the sun, for God will be their light, and they will reign for ever and ever.

Revelation 22.4,5

The Responory

Into your hands, O Lord, I commend my spirit.
Into your hands, O Lord, I commend my spirit.

For you have redeemed me, Lord God of truth.
I commend my spirit.

Glory to the Father and to the Son
and to the Holy Spirit.
Into your hands, O Lord, I commend my spirit.

The Nunc dimittis (The Song of Simeon)

**Save us, O Lord, while waking,
and guard us while sleeping,
that awake we may watch with Christ
and asleep may rest in peace.**

1. Now, Lord, you let your servant go in peace:
your word has been fulfilled.
2. **My own eyes have seen the salvation
which you have prepared in the sight of every people;**
3. A light to reveal you to the nations
and the glory of your people Israel.

Luke 2.29-32

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Prayers of intercession and thanksgivings may be offered here.

The Collect

Visit this place, O Lord, we pray,
and drive far from it the snares of the enemy;
may your holy angels dwell with us and guard us in peace,
and may your blessing be always upon us;
through Jesus Christ our Lord. **Amen.**

The Lord's Prayer

At the ending of the day,
Let us pray as our Saviour has taught us

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

In peace we will lie down and sleep;
for you alone, Lord, make us dwell in safety.

Abide with us, Lord Jesus,
for the night is at hand and the day is now past.

As the night watch looks for the morning,
so do we look for you, O Christ.

The Conclusion

The Lord bless us and watch over us;
the Lord make his face shine upon us and be gracious to us;
the Lord look kindly on us and give us peace. **Amen.**

Various prayers

Prayers on rising:

We give you hearty thanks for the rest of the past night and for the gift of a new day, with its opportunities for pleasing you. Grant that we may so pass its hours in the perfect freedom of your service, that at eventide we may again give thanks unto you; through Jesus Christ our Lord. Amen.

-Eastern Orthodox Prayer

O Lord Christ, help us to maintain ourselves in simplicity and in joy, the joy of the merciful, the joy of brotherly/sisterly love. Grant that, renouncing henceforth all thought of looking back, and joyful with infinite gratitude, we may never fear to precede the dawn to praise and bless and sing to Christ our Lord.

-Based on the Rule of Taizé

Prayers before bed:

Keep watch, dear Lord, with those who wake, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, give rest to the weary, sustain the dying, calm the suffering, and pity the distressed; all for your love's sake, O Christ our Redeemer.

-after St. Augustine of Hippo

Grace before a meal:

Bless, O Lord, this food for our use and us in your service and keep us ever mindful of the needs of others; for Christ's sake. Amen

-Traditional

Prayers of penitence and contrition:

Holy God,
Holy and mighty,
Holy and immortal:
Have mercy on us.

-The Trisagion

My God, for love of you I desire to hate and forsake all sins by which I have ever displeased you; and I resolve by the help of your grace to commit them no more; and to avoid all opportunities of sin. Help me to do this, through Jesus Christ our Lord. Amen

-Common Worship

Lord Jesus Christ, Son of God, have mercy on me, a sinner. [Repeat x3]

-The Jesus Prayer

Prayers before worship:

O Lord our God grant us grace to desire you with our whole heart: that desiring you, we may seek and find you; and finding you we may love you; and loving you we may hate those sins from which you have redeemed us; for the sake of Jesus Christ. Amen.

-St. Anselm

Prayers about the outbreak of Coronavirus

God of compassion,
be close to those who are ill, afraid or in isolation.
In their loneliness, be their consolation;
in their anxiety, be their hope;
in their darkness, be their light;
through him who suffered alone on the cross,
but reigns with you in glory,
Jesus Christ our Lord. **Amen.**

For those who are ill

Merciful God,
we entrust to your tender care
those who are ill or in pain,
knowing that whenever danger threatens
your everlasting arms are there to hold them safe.
Comfort and heal them,
and restore them to health and strength;
through Jesus Christ our Lord. **Amen.**

For hospital staff and medical researchers

Gracious God,
give skill, sympathy and resilience
to all who are caring for the sick,
and your wisdom to those searching for a cure.
Strengthen them with your Spirit,
that through their work many will be restored to health;
through Jesus Christ our Lord. **Amen.**

From one who is ill or isolated

O God,
help me to trust you,
help me to know that you are with me,
help me to believe that nothing can separate me
from your love
revealed in Jesus Christ our Lord. **Amen.**

For extraordinary use when you are unable to attend the communion

My Jesus, I believe that you are present in the Blessed Sacrament, I love you above all things and I desire you in my soul. Since I cannot receive you now sacramentally, come at least spiritually into my soul. As though you were already there I embrace you and unite myself wholly to you; permit not that I should ever be separated from you. Amen

--St. Alphonsus Liguori

Readings and Collects

Mothering Sunday (Sunday 22nd – Saturday 28th March 2020)

God of compassion, whose Son Jesus Christ, the child of Mary,
 shared the life of a home in Nazareth,
 and on the cross drew the whole human family to himself:
 strengthen us in our daily living
 that in joy and in sorrow we may know the power of your presence
 to bind together and to heal;
 through Jesus Christ your Son our Lord,
 who is alive and reigns with you, in the unity of the Holy Spirit,
 one God, now and for ever. **Amen**

Date	Morning Prayer	Evening Prayer
Sunday 22nd March Mothering Sunday:	Psalm 19 Isaiah 43: 1-7 Ephesians 2: 8-14	Exodus. 2. 1-10 Psalm. 34. 11-20 Luke 2. 33-35
Monday 23rd	Psalm. 70; 77 Exodus. 2. 11-22 Hebrews. 9. 1-14	Psalm. 25 ; 28 Jeremiah. 17. 5-18 John 9. 18-end
Tuesday 24th	Psalm. 54; 79 Exodus. 2. 23 - 3.20 Hebrews. 9. 15-end	Psalm. 85 Wisdom. 9. 1-12 Galatians. 4. 1-5
Wednesday 25th ANNUNCIATION OF OUR LORD	Psalm. 111; 113 1 Samuel. 2. 1-10 Rom. 5. 12-end	Psalm. 131; 146 Isaiah. 52. 1-12 Hebrews. 2. 5-end
Thursday 26th	Psalm. 53; 86 Exodus. 4. 27-61 Hebrews. 10. 19-25	Psalm. 94 Jeremiah. 19. 1-13 John 10. 22-end
Friday 27th	Psalm. 102 Exodus. 6. 2-13 Hebrews. 10. 26-end	Psalm. 13; 16 Jeremiah .19.14 – 20.6 John 11. 1-16
Saturday 28th	Psalm. 32 Exodus. 7. 8-end Hebrews. 11. 1-16	Psalm. 140 ; 141; 142 Jeremiah. 20. 7-end John 11. 17-27

The Fifth Sunday of Lent (Passiontide begins) (Sunday 29th March – Saturday 4th April 2020)

Most merciful God,
 who by the death and resurrection of your Son Jesus Christ
 delivered and saved the world:
 grant that by faith in him who suffered on the cross
 we may triumph in the power of his victory;
 through Jesus Christ your Son our Lord,
 who is alive and reigns with you,
 in the unity of the Holy Spirit,
 one God, now and for ever. **Amen**

Sunday 29th March FIFTH SUNDAY OF LENT (Passiontide begins)	Psalm. 86 Jeremiah. 31. 27-37 John. 12. 20-33	Psalm.30 Lamentations. 3. 19-33 Matt. 20. 17-end
Monday 30th	Psalm. 73 ; 121 Exodus. 8. 1-19 Hebrews. 11. 17-31	Psalm. 26 ; 27 Jeremiah. 21. 1-10 John 11. 28-44
Tuesday 31st	Psalm. 35 ; 123 Exodus. 8. 20-end Hebrews. 11.32 – 12.2	Psalm. 61 ; 64 Jeremiah. 22. 1-5, 13-19 John11. 45-end
Wednesday 1st April	Psalm. 55 ; 124 Exodus. 9. 1-12 Hebrews 12. 3-13	Psalm. 56; 62 Jeremiah. 22.20 – 23.8 John 12. 1-11
Thursday 2nd	Psalm. 40 ; 125 Exodus. 9. 13-end Hebrews. 12. 14-end	Psalm. 42; 43 Jeremiah. 23. 9-23 John 12. 12-19
Friday 3rd	Psalm. 22 ; 126 Exodus. Ch. 10 Hebrews. 13. 1-16	Psalm. 31 Jeremiah. Ch. 24 John 12. 20-36a
Saturday 4th	Psalm. 23 ; 127 Exodus. Ch. 11 Hebrews. 13. 17-end	Psalm. 128; 129; 130 Jeremiah. 25. 1-14 John 12. 36b-end

Collect for Palm Sunday and Holy Week (Sunday 5th – Saturday 11th April)

True and humble king,
 hailed by the crowd as Messiah:
 grant us the faith to know you and love you,
 that we may be found beside you
 on the way of the cross,
 which is the path of glory. **Amen**

<p>Sunday 5th April PALM SUNDAY</p> <p><i>At some point in the day read Matt. 21: 1-11</i></p>	<p>Psalm. 61; 62 Zechariah. 9. 9-12 Luke 16. 19-end</p>	<p>Psalm. 80 Isaiah. 5. 1-7 Matt. 21. 33-end</p>
<p>Monday 6th MONDAY OF HOLY WEEK</p>	<p>Psalm. 41 Lamentations. 1. 1-12a Luke 22. 1-23</p>	<p>Psalm 25 Lamentations. 2. 8-19 Col. 1. 18-23</p>
<p>Tuesday 7th TUESDAY OF HOLY WEEK</p>	<p>Psalm. 27 Lamentations. 3. 1-18 Luke 22. (24-38) 39-53</p>	<p>Psalm. 55. 13-24 Lamentations. 3. 40-51 Galatians. 6. 11-end</p>
<p>Wednesday 8th WEDNESDAY OF HOLY WEEK</p>	<p>Psalm. 102:1-18 Wisdom. 1.16 – 2.1, 12-22 Luke 22. 54-end</p>	<p>Psalm. 88 Isaiah. 63. 1-9 Revelation. 14.18 – 15.4</p>
<p>Thursday 9th MAUNDY THURSDAY</p>	<p>Psalm. 42; 43 Leviticus. 16. 2-24 Luke 23. 1-25</p>	<p>Psalm, 39 Exodus. Ch. 11 Ephesians. 2. 11-18</p>
<p>Friday 10th GOOD FRIDAY</p>	<p>Psalm. 69 Genesis. 22. 1-18 Hebrews. 10. 1-10 John 18</p>	<p>Psalm. 130; 143 Lamentations. 5. 15-end Colossians 1. 18-23 John 19</p>
<p>Saturday 11th EASTER EVE</p>	<p>Psalm.142 Hos. 6. 1-6 John 2. 18-22</p>	<p>Psalm. 116 Job 19. 21-27 1 John 5. 5-12</p>

Prayer on TV, Radio and the internet

Television programmes

- Songs of Praise Sundays at 1.15pm on BBC 1

Radio programmes

- Prayer for the Day daily at 5.43am on Radio 4
- Sunday Worship Sundays at 8.10am on Radio 4
- Daily Service Monday to Friday at 9.45am on Radio 4 Longwave and DAB

(The Daily Service is available on a Radio 4 DAB side channel which is automatically made available about a minute before the programme begins.)

- Lent Talks Wednesdays at 8.45pm on Radio 4
- Choral evensong- Wednesdays at 3.30pm and the same service is repeated Sundays at 3pm on BBC Radio 3

Remember there's always catch up available on the BBC Sounds App or on-line

A few internet resources

- Keep up to date with the latest news and resources from the Church of England, including the live streaming of services at www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-churches#na
- Church of England daily prayer <https://www.churchofengland.org/prayer-and-worship/join-us-daily-prayer>
- Audio daily prayer <https://pray-as-you-go.org>
- <https://www.24-7prayer.com>

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